

Lunch Menu

Daily Soup Cup \$4.25 Bowl \$5.25
Please ask your server for today's creation.

Clam Chowder \$4.95 \$5.95
A creamy traditional offering with the tastiest of clams.

Crab Bisque with Tiger Prawns \$15.95
A puree of crab, onions and carrots in a creamy bisque topped with three sliced prawns served with garlic toast.

Salads

Dress up your salad:

With Tiger Prawns - 5 pc Add \$6.95
With Baby Shrimp Add \$4.95
With Grilled Chicken Add \$5.95
With 8 oz. Sirloin - sliced Add \$12.95

House Salad Entree \$8.95
Lettuce, tomato, egg, cranberries, green onion and herb accented croutons, served with garlic toast.

Spinach Salad Entree \$9.95
Spinach, tomato, toasted almonds, bacon bits and hard boiled egg, tossed in a balsamic vinaigrette, served with garlic toast.

Classic Caesar Entree \$9.95
Crisp romaine lettuce accented with herb baked croutons and parmesan, served with garlic toast.

Shrimp & Papaya Salad \$16.25
Papaya with a mixture of shrimp, mayo, chopped onion and peppers on a bed of mixed greens, served with a strawberry puree and garlic toast.

Hot Chicken Salad \$16.75
Mixed green lettuces, sliced peppers and cashews, with a grilled chicken breast accented with ginger soy, served with garlic toast.

Hot Prawn Salad \$17.95
House Special - Mixed green lettuces, sliced peppers and cashews topped with prawns, served with a lemon poppyseed dressing and garlic toast.

Hot Scallop Salad \$17.95
House Special - Mixed green lettuces, sliced peppers and cashews topped with scallops, served with a lemon poppyseed dressing, and garlic toast.

Pastas

Mediterranean Penne \$15.95
Chorizo sausage, artichoke hearts, sundried tomatoes and feta cheese in a tomato cream sauce, topped with grated parmesan and served with garlic toast.
Add Pulled Pork \$3.95
Add Chicken \$5.95

Sailors Linguini \$16.95
Salmon and prawns served over a bed of linguini topped with a cream sauce grated parmesan served with garlic toast.
Add Mushrooms \$.95
Add Baby Shrimp \$4.95
Add Scallops \$6.25
Add Mussels \$4.25

Seafood

Served with your choice of fries or cup of daily soup.
Substitute fries or cup of daily soup for house salad - additional \$2.

Seafood Crepes Three crepes wrapped with scallops, prawns, shrimp and spinach topped with baby shrimp in a cream sauce. \$14.95

Fish & Chips Halibut dipped in our famous beer batter with tartar sauce, fries and coleslaw. One Piece \$13.95 Two Pieces \$16.95

Fish Tacos \$16.95
Three pieces of halibut dipped in our famous beer batter wrapped in corn or flour tortillas with guacamole, asian coleslaw and tartar sauce.

Sautéed salmon with lemon herb butter, teriyaki or cajun sauce wrapped in corn or flour tortillas with guacamole, asian coleslaw and tartar sauce. \$16.95

Sautéed halibut with lemon herb butter, teriyaki or cajun sauce wrapped in corn or flour tortillas with guacamole, asian coleslaw and tartar sauce. \$16.95

Features

Daily Soup and Sandwich Special (Monday - Friday)

Ask your server for today's soup and sandwich special available 11:30 am - 3:00 pm

Rice Bowls

Sautéed red and green peppers, broccoli and carrots in a teriyaki, cajun, oyster, black bean or lemon herb sauce served on steamed rice or rice noodles

Vegetarian \$13.95
Chicken Breast \$15.95
Beef \$15.95
Salmon \$15.95
Prawns \$16.95

Fajitas

Sauteed peppers, onions and mushrooms, served with four warm flour tortillas, salsa, cheddar and sour cream

Vegetarian \$14.95
Teriyaki Chicken Breast \$16.95
Cajun Chicken Breast \$16.95
Beef \$16.95
Salmon \$16.95
Prawns \$17.95

Burgers

Served with coleslaw and your choice of fries or cup of daily soup.
Substitute fries or cup of daily soup for house salad - additional \$2.

1/2 Fries & House Salad Add \$2.95
1/2 Fries & Spinach or Caesar Salad Add \$3.25
Pulled Pork Add \$3.95
Sub Yam Fries Add \$2.75
Sub Poutine Add \$2.95

Add to any of our Burgers for \$1.25 each

Bacon Swiss Cheddar Mushrooms

Canuck Burger \$13.95
Bacon, swiss or cheddar cheese, lettuce, purple onion, tomato with home-made BBQ and secret sauce.

Mega Mushroom \$13.95
Sautéed mushrooms, swiss cheese, lettuce, purple onion, tomato with home-made BBQ and secret sauce.

Veggie Burger \$12.95
A veggie patty topped with tzatziki, sliced peppers, lettuce, purple onion and tomato.

Filet of Fish Burger \$14.25
Our battered halibut filet topped with tartar sauce, lettuce, tomato and onion.

Grilled BBQ Chicken \$14.95
A chicken breast, basted with our BBQ sauce topped with bacon, lettuce, purple onion, mayo and tomato.

Crispy Chicken Burger \$14.95
A crispy crusted chicken breast with lettuce, purple onion, mayo and tomato.

Buffalo Chicken Burger \$14.95
Our crispy crusted chicken breast tossed in hot sauce with lettuce, purple onion, tomato and ranch dressing.

Baked Salmon Burger \$14.95
Filet of sockeye salmon topped with dill mayonnaise, chipotle mayonnaise, lettuce, tomato and onion.

Sandwiches

Served with coleslaw and your choice of fries or cup of daily soup.
Substitute fries or cup of daily soup for house salad - additional \$2.

Grilled Cheese \$8.95
Served with fries & coleslaw.
Add Tomato \$.95 Add Egg \$.95
Add 2 Bacon \$1.75 Add Baked Ham \$2.75
Add Pulled Pork \$3.95

B.L.T. \$8.95
Bacon, lettuce and tomato served on toasted bread or a wrap.
Add Cheddar Cheese \$1.25
Add Egg \$.95

Toasted Chicken Salad \$13.25
Fresh diced chicken mixed with celery, onions, red/green peppers and mayo, served on toasted bread or a wrap with lettuce and tomato.

Toasted Shrimp \$13.25
Baby shrimp, red/green peppers, green onions, mayo mixed with our secret and cocktail sauce, served on toasted bread or a wrap with lettuce and tomato.

Veggie Croissant \$11.95
English cucumber, tomato, lettuce and sprouts with cream cheese.

Pulled Pork \$13.95
Slow-cooked tender pork in our home-made BBQ sauce heaped on top of our crunchy coleslaw and served on a hoagie.

Veal Schnitzel \$14.95
Breaded veal with mushrooms, onions, garlic, white wine and cream sauce served on a hoagie.

Beef Dip \$14.25
Oven-roasted beef layered on a toasted garlic baguette accompanied by Au Jus.

Philly Cheese Steak \$14.95
Oven-roasted beef sautéed with peppers, onions, mushrooms topped with swiss cheese on a toasted garlic butter baguette.

MG Clubhouse \$14.95
Chicken breast, bacon, lettuce, tomato and mayo on toasted bread.
Add Cheddar Cheese \$1.25
Add Egg \$.95

Grilled BBQ Prime Rib Sandwich \$18.95
Slow-cooked Prime Rib grilled with BBQ sauce served on a toasted garlic baguette with your choice of side.

Steak Sandwich \$17.95
Charbroiled 8 oz Sirloin steak topped with mushrooms served on a toasted garlic baguette with your choice of side.

The Yacht Club Sandwich \$15.95
Dungeness crab, shrimp, onions, green and red peppers, mayo mixed with our secret and cocktail sauce, served on toasted sourdough bread with lettuce and tomato.

Reuben Sandwich \$13.95
Stacked corned beef with swiss cheese and sauerkraut on marble rye bread served with dijon mustard.

Beverages

		Small	Large
Coffee	\$2.95		
Regular or Decaffeinated			
Tea	\$2.95		
Regular, Herbal or Decaffeinated			
Pop	\$2.75		
Coke, Diet Coke, Sprite, Ginger Ale, Barqs Root Beer			
Iced Tea	\$2.75		
Bottled Water	\$1.99		
Perrier	\$2.95		
Juices	\$2.95	\$2.95	\$3.95
Orange, Grapefruit or Lemonade (not made from concentrate)			
Juices	\$1.95	\$1.95	\$2.95
Apple, Cranberry, Clamato or Tomato			
Milk 2%	\$1.95	\$1.95	\$2.95
Hot Chocolate			\$2.95
O'Douls			\$4.95
Non-alcoholic			